

COACHING INFORMATION

If you would like to coach a new spring Flag Football team please visit our web site www.ymca-arlington.org and fill out all necessary paper work, Intent to coach form, volunteer application, background check, and return this to the sports department. Instruct all players you have listed on your intent form to register on time and put your name on their registration as coach. The sports department will assist in filling out a team roster if necessary.

COACHES MEETING

Thursday April 15th, 7p at the YMCA central branch. This is a one-hour mandatory meeting to help inform all coaches about the upcoming season. Expectations of coaches, parents, and players will be discussed along with philosophy, administrative procedures, and general rule information. Roster distribution, team names, and color request will also take place at this meeting.

WE NEED VOLUNTEERS

Our youth sports programs depends on parents as volunteer coaches, assistant coaches, and team mom and or dad. So your help and support is needed and very important to your child's team. Please contact the Sports Department if you can coach or know of someone who can.

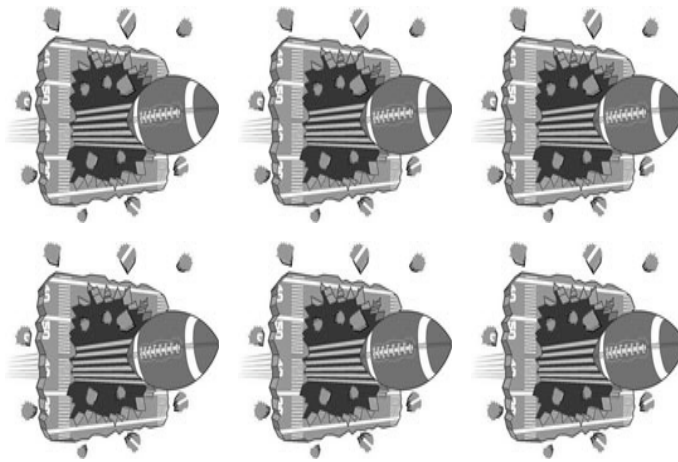
MISSION STATEMENT

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Refund Policy

All refund request must be made prior to the start of the season, no refund will be issued after the season has started. A \$5 processing fee will be charged to all refunds

YMCA OF ARLINGTON



Spring Flag Football 2010

GRADES 1ST-8TH
817.801.1400
www.ymca-arlington.org



2200 South Davis, Arlington TX 76013
1005 Skyline Dr, Arlington TX 76011
7120 South Cooper, Arlington TX 76001
www.YMCA-Arlington.org

Working hard to be your first
choice in youth sports



Community Partner

YMCA FLAG FOOTBALL

Flag Football Divisions

Season Schedule

Sign-ups Begin.....March 8
 Sign-ups End.....April 10
 Late Registration Begins \$5 fee.....April 11
 Coaches Meeting, Central Branch, 7p.....April 15
 Schedule & Uniform Handout, Coaches only
 @ Central Branch 9a-12p.....May 1
 Season Begins.....May 8

Program Information

The use of flags eliminates tackling, reducing the physical contact in the areas most likely to be injured. Participation in this type of play offers youth an opportunity to gain knowledge, skills, understanding, and appreciation of the game of football. Teams will play an eight game schedule with each team playing two games every Saturdays. Roster size will be limited to allow plenty of playing time for all participants, uniform included.

Team Information

Teams will be formed according to Coaches Intent Form and grade. Schools may be joined together to complete teams. All players that wish to play are eligible following registration. Players without a coach request will be placed on a team. Every effort will be made to keep players in their area of town. Participants should be contacted by their coach within one week after coaches' meeting.

Rookies - Grades 1st and 2nd

This division will concentrate on the fundamentals of the game. Learn the basic offensive and defensive skills. Learn sportsmanship and encourage all players to participate and enjoy the sport.

Juniors - Grades 3rd and 4th

The passing game should start to develop in this league. Play will emphasize fun, improve skills, become a team member, sportsmanship, and concentrate on fundamentals of the game.

Intermediate - Grades 5th and 6th

It's a division of fun, fitness, and teamwork, offering an opportunity for everybody to play, regardless of their size or physical strength. Exciting team game, which can be enjoyed without overly-complicated formations, plays or strategies.

Veterans - Grades 7th and 8th

A great opportunity for Jr High players to enjoy the fast paced game of flag football. This fun, competitive, inexpensive league will allow players the freedom to participate in other activities.

Flag Football Program Cost

Full Member.....\$40
 Program Member.....\$55
 MEMBERSHIP REQUIRED
 Individual - \$25; Family - \$40 Annual Fee

The YMCA of Arlington is a charitable organization making a significant impact on the communities we serve by providing free and subsidized programs that are available and open to everyone. Donations are accepted in order to support these efforts. If you are interested in receiving financial aid, please call 817.299.9629x18. If you are interested in making a donation to the YMCA, please call 817.299.9629x31

SPRING FALL FLAG FOOTBALL '10 REGISTRATION MAY BE COMPLETED AT ANY BRANCH, ON LINE, OR BY MAIL. PAYMENT MUST ACCOMPANY REGISTRATION. NO REGISTRATION BY PHONE, RETURN TO: YMCA OF ARLINGTON SPORTS DEPARTMENT 2200 SOUTH DAVIS ARLINGTON TEXAS 76013

PLEASE PRINT

PLAYER'S NAME _____ BIRTHDAY _____ MALE _____ FEMALE _____ DATE _____
 ADDRESS _____ CITY _____ ZIP _____ PHONE _____
 SCHOOL _____ EMAIL _____ DIVISION _____
 PARENT'S NAME _____ CELL # _____ PLAYER'S AGE _____ GRADE _____
 WE NEED YOU AS A HEAD COACH!
 I WILL COACH: YES _____ COACH REQUEST _____ PLAYER'S SHIRT SIZE: YM _____ YL _____ AS _____ AM _____ AL _____ AXL _____
 FOOTBALL FEE _____ MEMBERSHIP _____ NEW _____ RENEWAL _____ TOTAL COST _____ MEMBER ID # _____

YMCA OF ARLINGTON RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA of Arlington for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment therein and such affiliated programs have been inspected and considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA OF ARLINGTON FACILITIES, SERVICES, AND PROGRAMS FOR ANY REASON, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA OF ARLINGTON, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. The undersigned hereby releases, waives, discharges and covenants not to sue the YMCA of Arlington, its directors, officers, employees, and agents ("the releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA of Arlington, without respect to location.
2. The undersigned hereby agrees to indemnify and save and hold harmless the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA of Arlington or participating in any program affiliated with the YMCA of Arlington, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE DUE TO NEGLIGENCE OF RELEASEES OR OTHERWISE while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
4. The undersigned further assumes full responsibility for any lost or stolen items while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
5. The undersigned gives permission to the YMCA of Arlington to use photographs, film footage, or tape recordings which may include their own image (or family members) or voice for purposes of promoting YMCA programs.
6. The undersigned understands that YMCA membership dues and program fees are not deductible as charitable tax contributions.

The undersigned further expressly agrees that the forgoing release, waiver, and indemnity agreement cannot be altered in any way, and is intended to be as broad and inclusive as is permitted by the law of the state of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE

_____/_____/_____
 date parent or guardian's signature