



Events for January YMCA-North Branch



Date/Time/Location	Event	Information
All of January	Pay the Day!!!	Tell your friends and family that January is Pay-the-Day month! Whatever day you join, that is the amount you pay for the join fee!
Friday, January 1, 2010	NEW YEAR'S DAY Master Classes start at 10:30am	The YMCA will be open from 10:00 am to 2:00 pm
Saturday, January 2, 2010 Cowboys Stadium 1:00 pm	Cotton Bowl - OSU vs. Ole Miss	Parking in our parking lot is for members only while you work-out.
Sunday, January 3, 2010 Cowboys Stadium 12:00 pm	COWBOYS vs. Eagles	Parking in our parking lot is for members only while you work-out.
Friday, January 8, 2010 10:30 am Multi-purpose room	Diabetes Seminar	This event is free to our members.
Wednesdays, Jan. 6, 2010 to Feb. 10, 2010 10-11 am Multi-purpose room	Tot Tunes Preschool Music	6 week music course for 3-5 year olds. \$30 (full member), \$35 (program member)
January 9-10, 2010 Welcome Center	Holiday Survivor Challenge Weigh outs	HSC wraps up! Do your weigh out to see what you accomplished during the holidays!
Mondays, Jan. 11 - Feb. 8, 2010 5:15 pm and 6:15 pm Multi-purpose room	Karate Lessons	\$40 per child. Ages 5-12.
Saturday, January 16, 2010 10:00 am Welcome Center	Youth Wellness	A class for youth who are interested in learning proper workout technique. Sign up at Welcome Center.
Saturday, January 23, 2010 10:00 am Multi-purpose room	Kids Safety and Awareness for children ages 3 and up.	Teaches children how to stay safe in their surroundings. \$15 per child, \$10 for each additional child.
Monday, January 25, 2010 9:00 am to 11:00 am Main Concourse	Senior Breakfast	Food and fellowship for our seniors. Please note, breakfast will be served in the main concourse due to the Census in the Multi-purpose room.

