



Cooper Street Branch

Home School Physical Education Program

Be a part of a dynamic physical education program designed exclusively for Home School students. The physical education curriculum will consist of three-week sessions that introduce sports, games and activities that challenge individuals physically and mentally and foster team building skills. The Presidential Fitness Test is part of the curriculum and all curriculum is based on national physical education standards. Each class will be led by a trained and certified instructor.

YMCA of Arlington

Cooper St. YMCA
7120 S. Cooper St.
Arlington, Texas 76001

Phone: 817.419.9629
Fax: 817.419.9640

Mission Statement:

To put Christian Principles into practice through programs that build a healthy, spirit, mind and body for all.

The YMCA of Arlington is a charitable organization making a significant impact on the communities we serve by providing free and subsidized programs that are available and open to EVERYONE. Donations are accepted in order to support these efforts.

If you are interested in applying for Financial Aid you may pick up an application at our Welcome Center or online at www.ymca-arlington.org

Fall Semester Dates: August 24 - December 18, 2009

Days of Week:

School Grade	Days of Week	Time of Day
PreK- Kindergarten	Monday and Wednesday	11:45 a.m.-12:15 p.m.
1st - 4th grades	Monday and Wednesday	12:30-1:30 p.m.
5th-8th grades	Monday and Wednesday	1:30-2:30 p.m.
9th - 12th grades	Fridays	1:15-2:45 p.m.

All dates and times exclude normal school holidays.

Cost: Participation in YMCA of Arlington programs requires either a program membership or full membership. Program memberships are available for those who wish to participate in YMCA of Arlington programs only. Program memberships are \$25/year or \$40 for family plus the registration fee for each program.

Members:
PreK-K 1 child-\$50 per semester
1st-12th 1 Child-\$90 per semester
2nd child discount- 15% off entire amount
3 or more child discount- 25% off entire amount

Program Members
PreK-K 1 child-\$65 per semester
1st-12th 1 Child-\$110 per semester
2nd child discount- 15% off entire amount
3 or more child discount- 25% off entire amount

Fall Curriculum Activities include Presidential Fitness Testing, Volleyball / Newcomb, Tennis, Flag Football, Base and Recreation games, rhythms and dance, soccer and broomball and basketball.

For more information contact Colleen Overton at 817.419.9629 or colleeno@ymca-arlington.org. Sign-up at the Welcome Center.

